

Smiley's Little Lunch Boxes- Ingredient List

Item	Ingredients
Apple	Apple
Apple Puree	Apple Puree (92%), Concentrated Pear Juice, Acidity Regulator (Citric Acid), Antioxidant (Ascorbic Acid)
Apricots	Dried Apricot, Preservative (220)
Banana bread	Banana Puree (28%) (Banana, Citric Acid (330), Ascorbic Acid (300)), Wheat Flour, Sugar, Egg , Canola Oil, Raising Agent (500), Baking Powder (Contains Raising Agents (450, 500)), Emulsifier (Contains Humectant (420, 1520), Emulsifiers (471, 475), Acidity Regulator (570)), Salt, Vanilla Essence
Banana Chips	Banana (60%), Coconut Oil, Sugar, Natural Banana Flavour
BBQ Rice Wheels	Rice Powder (50%), Vegetable Oil (Certified Palm), Sugar, Tapioca Starch, BBQ Seasoning, Soy Sauce, Salt, Garlic Powder, Onion Powder, Colours (150a, 160c), Flavour Enhancers (627, 631). Contributes to the production of certified sustainable palm oil.
BBQ Rice Wheels	Rice Powder (50%), Vegetable Oil (Certified Palm), Sugar, Tapioca Starch, BBQ Seasoning, Soy Sauce, Salt, Garlic Powder, Onion Powder, Colours (150a, 160c), Flavour Enhancers (627, 631). Contributes to the production of certified sustainable palm oil.
Blueberries	Blueberries
Brownie	Eggs , Sugar, Wheat Flour, Cocoa Powder (10%), Tapioca Starch, Canola Oil, Raising Agents (450, Sodium Bicarbonate), Margarine (Vegetable Oil (including Canola Oil 41%), Water, Salt, Emulsifiers (471, Soy Lecithin), Preservative (202), Citric Acid, Vitamins A & D, Natural Colour (beta-carotene), Natural Flavour) Smarties (Sugar, Milk Solids, Cocoa Butter [^] , Cocoa Mass [^] , Wheat Flour, Vegetable Fat [Emulsifier (Soy Lecithin)]), Rice Starch, Emulsifiers (Soy Lecithin, 476), Colours (Carmine, Beta Carotene, Anthocyanin, Copper Chlorophyllin, Turmeric), Flavour, Glazing Agents (903, 901), Spirulina Powder. Contains Milk , Soy and Wheat . Product Contains 62% Milk Chocolate With 38% Crispy Shell Milk Chocolate Contains Minimum 22% Cocoa Solids and Minimum 25% Milk Solids. [^] Rainforest Alliance Certifiedtm Cocoa. Find Out More at Ra. Org.)
Burger Rings	Cereals (Corn, Rice), Canola Oil Maltodextrin, Rice Bran, Salt, Sugar, Hydrolysed Vegetable Protein (Soy), Flavour Enhancer (621), Food Acids (Sodium Diacetate, Citric Acid), Flavour, Mineral Salt (Potassium Chloride), Yeast Extracts, Onion Powder, Tomato Powder, Colours (102, 110, 155).
Butter Chicken	White Rice, Chicken Breast, Tomatoes (from Paste), Onion, Butter Milk , Vegetable Oil, Water, Thickener (Modified Cornstarch), Flavours (contain Chicken, Dairy), Sugar, Garlic, Ginger Puree (contains Soy), Spices (Cumin, Coriander, Cardamom, Fenugreek, Chilli, Fennel, Pepper, Caraway, Cinnamon, Clove), Food Acid (Lactic), Salt, Colour (Paprika Oleoresin)
Cabanossi	Pork (93%), Seasoning Mix [Salt, Tapioca Starch, Rice Flour, Potato Starch, Mineral Salts (450, 451, 452), Dehydrated Vegetable, Natural Flavour, Natural Colour (160c), Preservative (250)], Acidity Regulators (326, 325, 262), Spices (contains Mustard), Crushed Garlic, Edible Collagen Casing (contains Colours 120, 160b, 160c). Naturally Wood Smoked.

Item	Ingredients
Capsicum	Capsicum
Celery and beetroot dip	Celery, Beetroot (84%) [Beetroot, Sugar, Salt, Water, Food Acid (330)], Yoghurt [Milk , Milk Solids, Skim Milk , Cream , Cultures], Extra Virgin Olive Oil (0.5%), Citrus Fibre, Spices (0.5%), Salt, Sugar, Concentrated Beetroot Juice [Food Acid (330)], Vegetable Gum (415), Preservatives (202, 211), Food Acid (330).
Celery with Cream cheese	Pasteurised Milk , Cream , Water, Butter Milk Powder, Salt, Whey Powder, Stabilizers (Locust Bean Gum, Guar Gum), Starter Culture, Acidity Regulator (Lactic Acid), Celery
Cheese and Lettuce Sandwich	Lettuce, Cheese (Cheese (pasteurised Milk , cheese cultures), salt, enzymes, Cream , water, food acids 330 331, lecithin (soy), food colour 160A, B, C E) Bread (Wheat Flour, Water, Baker's Yeast, Vinegar, Iodised Salt, Canola Oil, Soy Flour, Emulsifiers (481, 472e, 471), Vitamins (Thiamin, Folate)) Margarine (Vegetable Oil (including Canola Oil 41%), Water, Salt, Emulsifiers (471, Soy Lecithin), Preservative (202), Citric Acid, Vitamins A & D, Natural Colour (beta-carotene), Natural Flavour)
Cheese Cubes	Tasty Cheese (Pasteurised Milk , Salt, Starter Culture, Non-Animal Rennet), Anti Caking Agent (Cellulose), Preservative (Sorbic Acid)
Cheesy Bacon Quiche	Wheat Flour, Eggs , Milk , Cream , Thickener (Carrageenan, Guar Gum), Pork (66%), Water, Modified Tapioca Starch (1412), Tapioca Starch, Rice Flour, Potato Starch, Food Acid (325), Wheat Fibre (Gluten Free), Vegetable Gum (407), Soya Protein Isolate, Salt, Natural Smoke Flavour, Sugar, Dextrose (Tapioca), Food Colours (120, Cheese (40% Monterey Jack (Pasteurized Cultured Milk , Salt, Enzymes), 40% Natural Cheddar Cheese (Pasteurized Cultured Milk , Salt, Enzymes, Annatto Colour), 10% Asadero (Pasteurized Cultured Milk , Salt Enzymes), 10% Queso Quesadilla (Pasteurized Cultured Milk , Salt Enzymes)) 124), Rosemary Extracts, Mineral Salts (341, 450, 452) Preservative (223)
Cheesy Dip-Its	Bread (Wheat Flour, Water, Yeast, Canola Oil, Sugar, Iodised Salt, Dextrose, Wheat Gluten, Soy Flour, Acidity Regulator (262), Natural Flavour, Emulsifiers (471, 481, Soy Lecithin), Colours (160a, 101), Vitamins (Thimain, Folic Acid)), Cheese (40% Monterey Jack (Pasteurized Cultured Milk , Salt, Enzymes), 40% Natural Cheddar Cheese (Pasteurized Cultured Milk , Salt, Enzymes, Annatto Colour), 10% Asadero (Pasteurized Cultured Milk , Salt Enzymes), 10% Queso Quesadilla (Pasteurized Cultured Milk , Salt Enzymes))
Cheesy Quiche	Wheat Flour, Eggs , Milk , Cream , Thickener (Carrageenan, Guar Gum), Zucchini, Cheese (40% Monterey Jack (Pasteurized Cultured Milk , Salt, Enzymes), 40% Natural Cheddar Cheese (Pasteurized Cultured Milk , Salt, Enzymes, Annatto Colour), 10% Asadero (Pasteurized Cultured Milk , Salt Enzymes), 10% Queso Quesadilla (Pasteurized Cultured Milk , Salt Enzymes)) 124), Rosemary Extracts, Mineral Salts (341, 450, 452) Preservative (223)
Chicken and Cheese Roll	Bun- (Flour [Wheat Flour, Thiamine, Folic Acid], Butter, Water, Egg , Sugar, Yeast, Wheat Gluten, Milk Powder, Salt, Improver [Emulsifier (472 e), Anti-caking agent (170), Antioxidant (300)], Enzyme, Glaze [Vegetable protein, Vegetable oil, Dextrose, Maltodextrins, starch]), Chicken, Cheese (Cheese (pasteurised Milk , cheese cultures), salt, enzymes, Cream , water, food acids 330 331, lecithin (soy), food colour 160A, B, C E)

Item	Ingredients
Chicken and Gravy Roll	Bun- (Flour [Wheat Flour, Thiamine, Folic Acid], Butter, Water, Egg , Sugar, Yeast, Wheat Gluten, Milk Powder, Salt, Improver [Emulsifier (472 e), Anti-caking agent (170), Antioxidant (300)], Enzyme, Glaze [Vegetable protein, Vegetable oil, Dextrose, Maltodextrins, starch]), Chicken (41%), Coating (Wheat Flour, Water, Vegetable Oil, Sugar, Salt, Buck Wheat Flour (contains Wheat Gluten, Soy), Wheat Gluten, Dextrose (Maize, Tapioca), Vegetable Powders (Onion, Garlic), Yeast, Natural Colours (Paprika Oleoresins, Caramel I)), Water, Soy Protein, Thickeners (407a, 415), Natural Flavours, Salt, Maltodextrin, Mineral Salts (451, 508, 450), Hydrolysed Vegetable Protein, Food Acid (270), Gravy (Wheat Flour, Maltodextrin (From Corn), Modified Starch (1422), Iodised Salt, Sugar, Yeast Extract, Vegetable Fat, Flavour Enhancers (621, 635), Colour (150c), Onion Powder, Flavours, Food Acid (330), Spice)
Chicken and Pea Pasta	Chicken, Peas, Durum Wheat Semolina (Gluten), Milk , Cream , Thickener (Carrageenan, Guar Gum), Cheese (40% Monterey Jack (Pasteurized Cultured Milk , Salt, Enzymes), 40% Natural Cheddar Cheese (Pasteurized Cultured Milk , Salt, Enzymes, Annatto Colour), 10% Asadero (Pasteurized Cultured Milk , Salt Enzymes), 10% Queso Quesadilla (Pasteurized Cultured Milk , Salt Enzymes))
Chicken Cheese Wrap	Wheat Flour (56%) (Wheat Flour, Thiamin, Folate), Water, Palm Shortening (Palm Oil, Antioxidant (Vitamin E Acetate)), Wheat Fibre, Wheat Gluten, Sugar, Iodised Salt, Vegetable Gum (412), Mineral Salt (450), Emulsifier (471), Acidity Regulator (297). Preservative (282, 200), Antioxidant (300) Chicken, Cheese (Cheese (pasteurised Milk , cheese cultures), salt, enzymes, Cream , water, food acids 330 331, lecithin (soy), food colour 160A, B, C E)
Chicken Crackers	Wheat Flour, Vegetable Fats and Oils (Palm) (Antioxidants (307b from Soy, 307)), Chicken Seasoning (Salt, Onion Powder, Hydrolysed Soya Protein, Yeast Extract, Natural Flavour), Sugar, Wheat Gluten, Salt, Malted Barley Extract, Raising Agents (341, 500, 503)
Chicken meatballs	Chicken Mince
Chicken Roll	Bun- (Flour [Wheat Flour, Thiamine, Folic Acid], Butter, Water, Egg , Sugar, Yeast, Wheat Gluten, Milk Powder, Salt, Improver [Emulsifier (472 e), Anti-caking agent (170), Antioxidant (300)], Enzyme, Glaze [Vegetable protein, Vegetable oil, Dextrose, Maltodextrins, starch]), Chicken
Chicken Salad Wrap	Wheat Flour (56%) (Wheat Flour, Thiamin, Folate), Water, Palm Shortening (Palm Oil, Antioxidant (Vitamin E Acetate)), Wheat Fibre, Wheat Gluten, Sugar, Iodised Salt, Vegetable Gum (412), Mineral Salt (450), Emulsifier (471), Acidity Regulator (297). Preservative (282, 200), Antioxidant (300) Chicken, Cabbage, Carrot, shallots, Coriander, Aioli (Canola oil, Egg , Garlic (2%), Water, Balsamic Vinegar, Dijon Mustard(Vinegar, Salt, Preservative(514), Lemon Juice, White Pepper, Acidity Regulator(270))
Chicken Schnitzel Roll	Bun- (Flour [Wheat Flour, Thiamine, Folic Acid], Butter, Water, Egg , Sugar, Yeast, Wheat Gluten, Milk Powder, Salt, Improver [Emulsifier (472 e), Anti-caking agent (170), Antioxidant (300)], Enzyme, Glaze [Vegetable protein, Vegetable oil, Dextrose, Maltodextrins, starch]), Chicken (41%), Coating (Wheat Flour, Water, Vegetable Oil, Sugar, Salt, Buck Wheat Flour (contains Wheat Gluten, Soy), Wheat Gluten, Dextrose (Maize, Tapioca), Vegetable Powders (Onion, Garlic), Yeast, Natural Colours (Paprika Oleoresins, Caramel I)), Water, Soy Protein, Thickeners (407a, 415), Natural Flavours, Salt, Maltodextrin, Mineral Salts (451, 508, 450), Hydrolysed Vegetable Protein, Food Acid (270)

Item	Ingredients
Chicken sub	Roll (Wheat Flour, Water, Yeast, Canola Oil, Sugar, Iodised Salt, Dextrose, Wheat Gluten, Soy Flour, Acidity Regulator (262), Natural Flavour, Emulsifiers (471, 481, Soy Lecithin), Colours (160a, 101), Vitamins (Thimain, Folic Acid)), Chicken
Chicken, Snow Peas with Hoisin Sauce	Chicken (41%), Coating (Wheat Flour, Water, Vegetable Oil, Sugar, Salt, Buck Wheat Flour (contains Wheat Gluten, Soy), Wheat Gluten, Dextrose (Maize, Tapioca), Vegetable Powders (Onion, Garlic), Yeast, Natural Colours (Paprika Oleoresins, Caramel I)), Water, Soy Protein, Thickeners (407a, 415), Natural Flavours, Salt, Maltodextrin, Mineral Salts (451, 508, 450), Hydrolysed Vegetable Protein, Food Acid (270), Sauce (Sugar, Water, Fermented Soybean Paste (Water, Salt, Soybeans, Wheat Flour), Salt, Sweet Potato Powder, Colours (150a, 129), Modified Corn Starch (1422), Sesame Paste, Dehydrated Garlic, Spices, Salted Chilli Peppers (Chilli Peppers, Salt), Acidity Regulator (260), Preservative (211)), Snow Peas
Chips	Potatoes, Palm Oil, Salt
Choc Chip Cookies	Wheat Flour, Sugar, Dark Compound Chocolate Chips (20%) (Sugar, Palm Oil, Cocoa Solids, Emulsifier (Sunflower Lecithin), Natural Flavour), Palm Oil (contains Antioxidant (307b), Wheaten Corn Flour, Whole Egg Powder, Whey Powder (contains Milk), Raising Agents (Sodium Carbonates, Ammonium Carbonates), Natural Vanilla Flavour, Salt, Natural Colour (Annatto)
Choc Chip Muesli Bar	Whole Grains Cereals 50% (Whole Grain Oats, Whole Grain Rolled Wheat), Glucose Syrup (Wheat), Dark Choc Compound Chips (10%) (Sugar, Vegetable Fat (Hydrogenated Palm), Cocoa Powder (1%), Emulsifier (Sunflower Lecithin), Natural Chocolate Flavour), Invert Syrup, Rice Flakes, Sunflower Oil, Raw Sugar, Coconut (contains Preservative (223)), Natural Toffee Flavour, Humectant (Glycerine)
Choc Crackle	Whole white rice, salt, barley malt extract, minerals (iron, zinc oxide), vitamins (niacin, riboflavin, vitamin B6, folate), Cocoa Powder, Cane Sugar, Tapioca Starch, Hydrogenated Coconut Oil, Soybean Lecithin, Sugar, Wheat Glucose Syrup, Invert Sugar, Gelatine, Flavours, Colour (120), Corn Starch, Coconut, Sodium Metabisulphite (E223)
Choccy Fingers	Milk Chocolate (42%) (Sugar, Milk Solids, Cocoa Butter, Cocoa Mass, Vegetable Emulsifiers (322 From Soy, 476), Natural Vanilla Flavour), Wheat Flour, Vegetable Fat (Palm) (Antioxidant (307b From Soy)), Sugar, Invert Syrup, Milk Solids, Salt, Vegetable Emulsifier (322 From Soy), Raising Agents (500, 450), Natural Vanilla Flavour. Milk Chocolate Contains 28% Cocoa Solids And 20% Milk Solids.
Chocolate Biscuits	Milk Chocolate (37%) (Sugar, Milk Solids, Cocoa Butter, Cocoa Mass, Vegetable Emulsifiers (322 from Soy, 476), Natural Vanilla Flavour), Caramel (31%) (Glucose Syrup, Condensed Milk (Milk , Sugar), Fully Hydrogenated Coconut Oil, Golden Syrup, Invert Syrup, Butter, Cornflour, Salt, Vegetable Emulsifiers (322 from Soy, 471, 470)), Wheat Flour, Sugar, Vegetable Fat (Palm) (contains Antioxidant (307b from Soy)), Invert Syrup, Salt, Raising Agents (500, 450), Vegetable Emulsifier (322 from Soy).
Chocolate Cake	Sugar, margarine [vegetable oil, water, salt, Milk solids, emulsifiers (471, 472c), antioxidant (304), natural flavour, natural colour (160a)], Wheat flour, Egg , fondant (sucrose, glucose), cocoa, whey powder, apple puree, canola oil, raising agents (450, 500), emulsifiers (477, 471, 475, Soy lecithin), salt, dark compound chocolate, food acid (330). Cocoa solids: 2.5%

Item	Ingredients
Chocolate Cake	Sugar, margarine [vegetable oil, water, salt, Milk solids, emulsifiers (471, 472c), antioxidant (304), natural flavour, natural colour (160a)], Wheat flour, Egg , fondant (sucrose, glucose), cocoa, whey powder, apple puree, canola oil, raising agents (450, 500), emulsifiers (477, 471, 475, Soy lecithin), salt, dark compound chocolate, food acid (330). Cocoa solids: 2.5%
Chocolate Pretzels	Dark Chocolate 60% (Sugar, Cocoa solids, Milk solids, Soy Lecithin, Cocoa Powder, Vanilla Natural Flavour) Pretzel 40% (Corn Starch, Vegetable Oil, Potato Starch, Sea Salt, Sugar, Stabiliser (Carboxymethylcellulose), Soy lecithin, Sodium Bicarbonate, Yeast Extract, Sodium Acid Pyrophosphate, Citric Acid, Sodium Hydroxide)
Corn chips	Corn, Palm Oil, Salt
Corn chips and salsa	Corn Chips (Corn, Palm Oil, Salt) Salsa (Tomato (51%), Capsicum (17%), Water, Onion, Tomato Paste, Vinegar, Sugar, Maize Starch, Spices (Paprika, Cumin, Coriander, Chilli), Salt, Jalapeno Pepper (1%), Garlic Powder)
Corn Fritters	Corn (38%), Creamed Corn (18%) [Sweetcorn, Water, Thickener (1412), Salt], Wheat Flour (Thiamin, Folic Acid), Rice Flour
Corn Kernels	Corn Kernels
Corn, cheese cubes and cucumber rounds	Corn, Tasty Cheese (Pasteurised Milk , Salt, Starter Culture, Non-Animal Rennet), Anti Caking Agent (Cellulose), Preservative (Sorbic Acid), Cucumber
Crab bites	Wheat Flour, Water, Surimi (Processed white Fish meat: Pacific whiting (Merluccius productus), Alaska pollock (Theragra chalcogramma), sugar, humectant (E420), Egg , stabilizer (E450, E451), FAO zone 67), Wheat starch, Tapioca starch, Palm oil, Sugar, Fructose syrup, Soy protein, Salt, Colour (E120, E160c, E170), Flavour enhancer (E621), Crab flavour, Crab extract
Crackers	Wheat Flour, Vegetable Fats and Oils (Palm) (Antioxidants (307b)), Sugar, Salt, Malted Barley Extract, Raising Agents (500, 503), Wheat Starch, Yeast, Food Acid (330)) Margarine (Vegetable Oil (including Canola Oil 41%), Water, Salt, Emulsifiers (471, Soy Lecithin), Preservative (202), Citric Acid, Vitamins A & D, Natural Colour (beta-carotene), Natural Flavour
Crackers and salsa	Crackers (Rice (93%), Maltodextrin (from Corn), Sunflower Oil (Antioxidant (319)), Salt) Salsa (Tomato (51%), Capsicum (17%), Water, Onion, Tomato Paste, Vinegar, Sugar, Maize Starch, Spices (Paprika, Cumin, Coriander, Chilli), Salt, Jalapeno Pepper (1%), Garlic Powder)
Crackers and vegemite	Cracker (Wheat Flour, Vegetable Fats and Oils (Palm) (Antioxidants (307b)), Sugar, Salt, Malted Barley Extract, Raising Agents (500, 503), Wheat Starch, Yeast, Food Acid (330)) Margarine (Vegetable Oil (including Canola Oil 41%), Water, Salt, Emulsifiers (471, Soy Lecithin), Preservative (202), Citric Acid, Vitamins A & D, Natural Colour (beta-carotene), Natural Flavour) Vegemite (Yeast Extract (from Yeast Grown on Barley and Wheat), Salt, Mineral Salt (508), Malt Extract (from Barley), Colour (150c), Flavours, Niacin, Thiamine, Riboflavin, Folate)
Craisins	Cranberries (65%), Sugar, Sunflower Oil

Item	Ingredients
Cream Biscuits	Wheat Flour, Cream Filling (25%) (Sugar, Shortening (Palm Oil, Antioxidant (307b), Milk Chocolate, Cocoa Powder, Whey Powder, Emulsifier (322 from Soy), Natural Flavours (Chocolate, Vanilla)), Sugar, Shortening (Palm Oil, Antioxidant (307b)), Wheat Starch, Cocoa Powder Invert Sugar Syrup, Natural Colour (Caramel I), Whey Powder, Emulsifiers (322 from Soy, 450), Raising Agents (503, 500), Salt
Custard	Custard (Milk , Skim Milk , Sugar, Thickener (1442 from Maize), Stabilisers (407a, 452), Natural Colour (Carotene), Natural Flavour)
Custard and fruit	Custard (Milk , Skim Milk , Sugar, Thickener (1442 from Maize), Stabilisers (407a, 452), Natural Colour (Carotene), Natural Flavour) Fruits (59%) (Pears, Peaches), Water, Sugar, Acidity Regulator (Citric Acid), Antioxidant (Ascorbic Acid)
Devon and Tomato Sauce Sandwich	Bread (Wheat Flour, Water, Baker's Yeast, Vinegar, Iodised Salt, Canola Oil, Soy Flour, Emulsifiers (481, 472e, 471), Vitamins (Thiamin, Folate)) Margarine (Vegetable Oil (including Canola Oil 41%), Water, Salt, Emulsifiers (471, Soy Lecithin), Preservative (202), Citric Acid, Vitamins A & D, Natural Colour (beta-carotene), Natural Flavour), Devon (Meat including Pork, Water, Potato Starch, Seasoning [Rice Flour, Salt, Soy Protein, Mineral Salts (450, 451, 452), Dextrose (Maize or Tapioca), Sugar, Antioxidant (316), Red Fermented Rice, Preservative (250), Natural Flavour, Spices, Spice Extracts (including 160c)], Acidity Regulators (326, 262))
Diced Fruit	Fruits (59%) (Pears, Peaches), Water, Sugar, Acidity Regulator (Citric Acid), Antioxidant (Ascorbic Acid)
Dim sims- Chicken	Cabbage (31%), Chicken (19%), Flour, Soy Protein, Wheat en Starch, Potato Starch, Water, Onion, Sugar, Flavour Enhancer (621), Sesame Oil, Gluten, Spice.
Dim sims- Vegetable	Vegetables [Cabbage (18%), Corn (5.5%), Peas (5.5%), Carrot (4.6%), Onion (3.4%), Potato (2%)], Rice, Wheat Flour, Water, Wheat Starch, Oat Flour, Soy Protein, Soybean Oil, Salt, Sugar, Flavour Enhancer (621), Sesame Oil, Spices.
Dried apple	Dried Apple Slices, Preservative (220)
Egg and Lettuce Sandwich	Lettuce, Egg , Bread (Wheat Flour, Water, Baker's Yeast, Vinegar, Iodised Salt, Canola Oil, Soy Flour, Emulsifiers (481, 472e, 471), Vitamins (Thiamin, Folate)) Margarine (Vegetable Oil (including Canola Oil 41%), Water, Salt, Emulsifiers (471, Soy Lecithin), Preservative (202), Citric Acid, Vitamins A & D, Natural Colour (beta-carotene), Natural Flavour)
Fairy Bread Sandwich	Bread (Wheat Flour, Water, Baker's Yeast, Vinegar, Iodised Salt, Canola Oil, Soy Flour, Emulsifiers (481, 472e, 471), Vitamins (Thiamin, Folate)) Margarine (Vegetable Oil (including Canola Oil 41%), Water, Salt, Emulsifiers (471, Soy Lecithin), Preservative (202), Citric Acid, Vitamins A & D, Natural Colour (beta-carotene), Natural Flavour), Sprinkles (Sugar, Tapioca Starch, Colours (124, 102, 133, 110, 123, 122), Glazing Agent (903))
Falafel sub	Wheat Flour, Water, Yeast, Canola Oil, Sugar, Iodised Salt, Dextrose, Wheat Gluten, Soy Flour, Acidity Regulator (262), Natural Flavour, Emulsifiers (471, 481, Soy Lecithin), Colours (160a, 101), Vitamins (Thimain, Folic Acid).
Falafels	Chickpeas (65%), Water, Onion, Potato, Garlic, Canola Oil, Spices, Salt, Herb, Raising Agents (500, 450).

Item	Ingredients
Fish Fingers	Fish Mix (60%), (Pollock (Theragra Chalcogramma) 50%, Breadcrumbs, Water, Corn Starch, Guar Gum, Mineral Salts (451, 452)), Crumb (Wheat Flour, Corn Starch, Shortening (from Soy), Glucose, Salt, Yeast, Stabiliser (475), Antioxidant (300), Bulking Agent (510), Firming Agent (516), Enzyme (Amylase), Emulsifier (542), Colour (Paprika Oleoresins)), Batter (Wheat Flour, Corn Starch, Emulsifier (341, 450, 475), Salt, Acidity Regulator (500), Thickener (1420), Guar Gum), Soya Oil
Franks	Meat including Pork (74%), Water, Frankfurt Mix [Potato Starch, Tapioca Starch, Salt, Modified Starch (1442), Soya Protein Isolate, Soya Protein Concentrate, Stabilisers (451, 341), Spices, Antioxidant (316), Preservative (250), Hydrolysed Maize Protein, Spice Extract], Acidity Regulator (325), Premix [Dextrose (Corn), Sucrose, Stabilisers (450, 452)]. Casing: Colours (120, 160b, 160c). Manufactured Meat.
Fruit salad	Watermelon, kiwi, orange, strawberries, grapes, blueberries
Grapes	Grapes
Ham and cheese croissant	Ham (Pork (75%), Water, Thickener (1442), Salt, Potassium Lactate (326), Potassium Acetate (261), Sugar, Dextrose, Mineral Salts (451, 452), Antioxidant (316), Sodium Nitrite (250)), Cheese (Cheese (pasteurised Milk , cheese cultures), salt, enzymes, Cream , water, food acids 330 331, lecithin (soy), food colour 160A, B, C E), Croissant (Wheat Flour (Thiamine), Butter (Milk) (18%), Water, Milk Solids, Sugar, Yeast, Salt)
Ham and cheese sandwich	Ham (Pork (75%), Water, Thickener (1442), Salt, Potassium Lactate (326), Potassium Acetate (261), Sugar, Dextrose, Mineral Salts (451, 452), Antioxidant (316), Sodium Nitrite (250)) Cheese (Cheese (pasteurised Milk , cheese cultures), salt, enzymes, Cream , water, food acids 330 331, lecithin (soy), food colour 160A, B, C E) Bread (Wheat Flour, Water, Baker's Yeast, Vinegar, Iodised Salt, Canola Oil, Soy Flour, Emulsifiers (481, 472e, 471), Vitamins (Thiamin, Folate)) Margarine (Vegetable Oil (including Canola Oil 41%), Water, Salt, Emulsifiers (471, Soy Lecithin), Preservative (202), Citric Acid, Vitamins A & D, Natural Colour (beta-carotene), Natural Flavour)
Ham and Cheese Sub	Roll (Wheat Flour, Water, Yeast, Canola Oil, Sugar, Iodised Salt, Dextrose, Wheat Gluten, Soy Flour, Acidity Regulator (262), Natural Flavour, Emulsifiers (471, 481, Soy Lecithin), Colours (160a, 101), Vitamins (Thimain, Folic Acid)), Ham (Pork (75%), Water, Thickener (1442), Salt, Potassium Lactate (326), Potassium Acetate (261), Sugar, Dextrose, Mineral Salts (451, 452), Antioxidant (316), Sodium Nitrite (250)), Cheese (Cheese (pasteurised Milk , cheese cultures), salt, enzymes, Cream , water, food acids 330 331, lecithin (soy), food colour 160A, B, C E)
Ham roll	Bun- (Flour [Wheat Flour, Thiamine, Folic Acid], Butter, Water, Egg , Sugar, Yeast, Wheat Gluten, Milk Powder, Salt, Improver [Emulsifier (472 e), Anti-caking agent (170), Antioxidant (300)], Enzyme, Glaze [Vegetable protein, Vegetable oil, Dextrose, Maltodextrins, starch]), Ham (Pork (75%), Water, Thickener (1442), Salt, Potassium Lactate (326), Potassium Acetate (261), Sugar, Dextrose, Mineral Salts (451, 452), Antioxidant (316), Sodium Nitrite (250))
Ham Rolls, Cheese Cubes, Cucumber	Ham (Pork (75%), Water, Thickener (1442), Salt, Potassium Lactate (326), Potassium Acetate (261), Sugar, Dextrose, Mineral Salts (451, 452), Antioxidant (316), Sodium Nitrite (250)), Cucumber, Tasty Cheese (Pasteurised Milk , Salt, Starter Culture, Non-Animal Rennet), Anti Caking Agent (Cellulose), Preservative (Sorbic Acid)

Item	Ingredients
Honeycomb Custard with Choc Chips	Custard (Milk , Skim Milk , Sugar, Thickener (1442 from Maize), Stabilisers (407a, 452), Natural Colour (Carotene), Natural Flavour), Honeycomb Flavour (Water, Sugar, Flavour, Thickener (415), Acidity Regulator (330), Preservative (202), Colours (102, 110)), Choc Chips (Sugar, Vegetable Oil (Fully Hydrogenated Palm Oil, Emulsifier (Soy Lecithin)), Cocoa Powder (12%), Whey Powder, Emulsifier (Soy Lecithin), Natural Flavour)
Hot Dog	Hot Dog (Meat including Pork (74%), Water, Frankfurt Mix [Potato Starch, Tapioca Starch, Salt, Modified Starch (1442), Soya Protein Isolate, Soya Protein Concentrate, Stabilisers (451, 341), Spices, Antioxidant (316), Preservative (250), Hydrolysed Maize Protein, Spice Extract], Acidity Regulator (325), Premix [Dextrose (Corn), Sucrose, Stabilisers (450, 452)]. Casing: Colours (120, 160b, 160c). Manufactured Meat) Bun (Flour [Wheat Flour, Thiamine, Folic Acid], Butter, Water, Egg , Sugar, Yeast, Wheat Gluten, Milk Powder, Salt, Improver [Emulsifier (472 e), Anti-caking agent (170), Antioxidant (300)], Enzyme, Glaze [Vegetable protein, Vegetable oil, Dextrose, Maltodextrins, starch])
Jam croissant	Croissant (Wheat Flour (Thiamine), Butter (Milk) (18%), Water, Milk Solids, Sugar, Yeast, Salt), Jam, Cane sugar, raspberries (25%), raspberry juice (15%), gelling agent (fruit pectin), acidity regulator (330), Margarine (Vegetable Oil (including Canola Oil 41%), Water, Salt, Emulsifiers (471, Soy Lecithin), Preservative (202), Citric Acid, Vitamins A & D, Natural Colour (beta-carotene), Natural Flavour)
Jam rolls	Sponge (Wheat Flour, Sugar, Water, Egg Powder, Humectants (422, 420, 1520), Milk Solids, Glucose Syrup, Raising Agents (Sodium Carbonates, 450, 341), Salt, Emulsifiers (322 (Soy), 471, 475, 481, 452), Wheat Starch, Preservative (Potassium Sorbate), Thickener (412), Natural Colours (160b, 164), Acidity Regulator (330)), Jam Filling (29%) (Sugar, Apple, Gelling Agent (440), Acidity Regulator (330), Natural Colour (120), Natural Raspberry Flavouring, Preservative (Potassium Sorbate))
Jam rolls	Sponge (Wheat Flour, Sugar, Water, Egg Powder, Humectants (422, 420, 1520), Milk Solids, Glucose Syrup, Raising Agents (Sodium Carbonates, 450, 341), Salt, Emulsifiers (322 (Soy), 471, 475, 481, 452), Wheat Starch, Preservative (Potassium Sorbate), Thickener (412), Natural Colours (160b, 164), Acidity Regulator (330)), Jam Filling (29%) (Sugar, Apple, Gelling Agent (440), Acidity Regulator (330), Natural Colour (120), Natural Raspberry Flavouring, Preservative (Potassium Sorbate))
Jam Tart	Wheat Flour, Raspberry Flavoured Filling (30%) (Sugar, Apple, Raspberries, Acidity Regulators (330, 331), Gelling Agent (440), Natural Colour (120), Natural Raspberry Flavour), Sugar, Vegetable Fat & Oil (Palm Oil, Antioxidant (307b)), Butter (Cream (from Milk), Salt), Glucose Syrup (from Wheat), Whey Powder (from Milk), Egg Powder, Emulsifier (322 from Soy)
Jelly	Sugar, Gelatine (Contains Sulphites), Food Acid (330), Permitted food colours and flavours. Colours: 122 (Rasp) or 102, 133 (Lime)
Kiwi and Strawberries	Kiwi and Strawberries
LCM bites	White rice (29%), yoghurt compound (27%)(sugar, vegetable oil, Milk solids, glucose, yoghurt powder, emulsifier [Soy lecithin], acidity regulator [330], salt), glucose, fructose, sugar, glucose solids, vegetable oils (antioxidant [tocopherols]), invert syrup, humectant (glycerol), salt, gelatin, natural flavour, emulsifiers (canola lecithin, 472e, 472a), barley malt extract, antioxidant (rosemary extract), Milk solids.

Item	Ingredients
Mac and cheese	Durum Wheat Semolina, Cheese (40% Monterey Jack (Pasteurized Cultured Milk , Salt, Enzymes), 40% Natural Cheddar Cheese (Pasteurized Cultured Milk , Salt, Enzymes, Annatto Colour), 10% Asadero (Pasteurized Cultured Milk , Salt Enzymes), 10% Queso Quesadilla (Pasteurized Cultured Milk , Salt Enzymes)), Milk
Mac and Cheese Croquettes, Tomato Sauce	Macaroni, cheese, Eggs , Milk , Panko breadcrumbs, Hot Sauce
Mandarin	Mandarin
Mango	Mangoes (50%), Water, Mango Juice (13%), Sugar
Mashed Potato Smiles	Potato (77%), Sunflower Oil, Dehydrated Potato (Potato, Acidity Regulators (450, 330), Emulsifier (471), Antioxidants (321, 320), Preservative (223)), Potato Starch, Water, Salt, Dextrose (Maize), Stabiliser (464)
Meatball sub	100% Beef Mince, Roll (Wheat Flour, Water, Yeast, Canola Oil, Sugar, Iodised Salt, Dextrose, Wheat Gluten, Soy Flour, Acidity Regulator (262), Natural Flavour, Emulsifiers (471, 481, Soy Lecithin), Colours (160a, 101), Vitamins (Thimain, Folic Acid)), Cheese (40% Monterey Jack (Pasteurized Cultured Milk , Salt, Enzymes), 40% Natural Cheddar Cheese (Pasteurized Cultured Milk , Salt, Enzymes, Annatto Colour), 10% Asadero (Pasteurized Cultured Milk , Salt Enzymes), 10% Queso Quesadilla (Pasteurized Cultured Milk , Salt Enzymes)), Sauce (Tomatoes (73%) (reconstituted), tomato paste (16%), onion, sugar, salt, garlic (0.5%), herbs (basil, fennel, oregano, bay leaf), black pepper, food acid (citric))
Meatloaf bites	Australian Beef (72%), Water, Rice Flour, Maize Flour, Salt, Potato Starch, Mineral Salts (450, 451, 452), Spices, Onion Powder, Hydrolysed Vegetable Protein (Maize), Preservative (223), Sugar, Yeast Extract, Natural Flavour (Rosemary Extract), Spice Extracts, Anti-Caking Agent (341), Wheat Flour, Wholemeal Wheat Flour, Rye Flour, Yeast, Soya Flour, Wheat Gluten, Iodised Salt, Vegetable Fibres (Oat Fibre, Wheat Fibre, Soya Bean Fibre), Vinegar, Canola Oil, Fermented Wheat Flour, Wheat Semolina, Rolled Oats, Sesame Seed , Malted Barley Flour, Malted Wheat Flour, Vegetable Emulsifiers (481, 471, 472e), Vitamins (Thiamin, Folate), Sauces- (Concentrated Tomato, Sugar, Salt, Food Acid (260), Natural Flavour, Soybeans, Wheat and Salt), Water, Sugar, Alcohol, Flavour Enhancer (621), Acidity Regulator (270), Salt, Spices Extract, Flavour Enhancer (635))
Mexican Boat	Four Bean Mix - ((Chickpeas, Red Kidney Beans, Green Baby Lima Beans, Borlotti Beans), Water, Antioxidant (Ascorbic Acid), Firming Agent (Calcium Chloride)), Cheese (40% Monterey Jack (Pasteurized Cultured Milk , Salt, Enzymes), 40% Natural Cheddar Cheese (Pasteurized Cultured Milk , Salt, Enzymes, Annatto Colour), 10% Asadero (Pasteurized Cultured Milk , Salt Enzymes), 10% Queso Quesadilla (Pasteurized Cultured Milk , Salt Enzymes)), Long Grain Rice, Corn Kernels, Capsicum, Onion, Seasoning (Maize Flour, Sugar, Salt, Onion Powder (13%), Red Capsicum Powder (6%), Garlic (4%), Spices (Cumin, Turmeric, Ground Coriander), Paprika, Food Acid (330), Vegetable Oil (Canola), Spice Extract, Chilli Powder (0.7%), Pepper) Salsa (Tomato (51%), Capsicum (17%), Water, Onion, Tomato Paste, Vinegar, Sugar, Maize Starch, Spices (Paprika, Cumin, Coriander, Chilli), Salt, Jalapeno Pepper (1%), Garlic Powder), Boat ((Wheat Flour (68%), Water, Humectant (Glycerin), Vegetable Oil, Raising Agents (Sodium Bicarbonate, Calcium Phosphate), Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Dextrose, Salt))

Item	Ingredients
Mini Bacon and Egg Roll	Bun- (Flour [Wheat Flour, Thiamine, Folic Acid], Butter, Water, Egg , Sugar, Yeast, Wheat Gluten, Milk Powder, Salt, Improver [Emulsifier (472 e), Anti-caking agent (170), Antioxidant (300)], Enzyme, Glaze [Vegetable protein, Vegetable oil, Dextrose, Maltodextrins, starch]), Eggs , Bacon (PORK (83%), WATER, SALT, EMULSIFIERS (451, 450, 452), SUGAR, ANTIOXIDANT (316), SODIUM NITRITE (250). SMOKED), Cheese (Cheese (pasteurised Milk , cheese cultures), salt, enzymes, Cream , water, food acids 330 331, lecithin (soy), food colour 160A, B, C E), Tomato Sauce (Tomato Puree (78%), Sugar, Salt, Food Acid (260), Natural Flavour)
Mini Chicken Burger	Patty (gluten(Wheat) Milk , Eggs , as chicken (55%) water vegetable oils Wheat flour , thickeners (1442, 1422, 461) rehydrated potato (2%), salt, mineral salt (450 ,500, 341,451,) Wheat gluten spices , cheese powders (contains Milk food acids, (270 , 260,330,) tapioca starch, natural flavours ,yeast, extract , Egg powder, dextrose), Bun- (Flour [Wheat Flour, Thiamine, Folic Acid], Butter, Water, Egg , Sugar, Yeast, Wheat Gluten, Milk Powder, Salt, Improver [Emulsifier (472 e), Anti-caking agent (170), Antioxidant (300)], Enzyme, Glaze [Vegetable protein, Vegetable oil, Dextrose, Maltodextrins, starch]), Lettuce
Mini Hashbrown and Egg Roll	Bun- (Flour [Wheat Flour, Thiamine, Folic Acid], Butter, Water, Egg , Sugar, Yeast, Wheat Gluten, Milk Powder, Salt, Improver [Emulsifier (472 e), Anti-caking agent (170), Antioxidant (300)], Enzyme, Glaze [Vegetable protein, Vegetable oil, Dextrose, Maltodextrins, starch]), Eggs , Hashbrown (POTATO (91%), CANOLA OIL, SALT, DEXTROSE (FROM MAIZE)), Cheese (Cheese (pasteurised Milk , cheese cultures), salt, enzymes, Cream , water, food acids 330 331, lecithin (soy), food colour 160A, B, C E), Tomato Sauce (Tomato Puree (78%), Sugar, Salt, Food Acid (260), Natural Flavour)
Mini pancakes, banana and maple	Wheat Flour, Sugar, Wheat Starch, Butter Milk Powder (3%), Fractionated Palm Oil, Raising Agents (450, 500), Anticaking Agent (341), Salt. Maple- (Sugar Syrup, Water, Sugar, Salt, Vegetable Gum (466), Colours (150c, 150d), Preservative (202), Natural Maple Flavour, Food Acid (330)), Banana
Mini Pies	Water, Wheat Flour, Beef (23%), Margarine (Animal Fat, Palm Oil, Water, Salt, Emulsifiers (471, Soy Lecithin), Acidity Regulators (331, 330), Antioxidant (307b (Soy)), Natural Colour (160a), Natural Flavours), Thickeners (1422, 412), Salt, Seasoning (Hydrolysed Vegetable Protein, Dehydrated Vegetables), Natural Colour (150a), Mineral Salts (500, 341), Emulsifier (481), Glaze (Milk Solids, Natural Colour (160a))
Mini Pizza- Cheese	Wheat Flour, Water, Yeast, Maize Polenta, Wheat Gluten, Vinegar, Canola Oil, Iodised Salt, Raising Agent (341), Acidity Regulators (263, 262), Soy Flour, Emulsifiers (481, 472e), Preservatives (200, 202), Sugar, Vitamins (Thiamin, Folic Acid) Cheese (40% Monterey Jack (Pasteurized Cultured Milk , Salt, Enzymes), 40% Natural Cheddar Cheese (Pasteurized Cultured Milk , Salt, Enzymes, Annatto Colour), 10% Asadero (Pasteurized Cultured Milk , Salt Enzymes), 10% Queso Quesadilla (Pasteurized Cultured Milk , Salt Enzymes)) Pizza Sauce (Tomatoes (95%), (Tomato Paste, Water), Salt, Garlic (0.85%), Onion, Acid Regulator (Acetic Acid), Oregano, Basil (0.25%), Natural Flavour)

Item	Ingredients
Mini Pizza- Ham and Pineapple	Wheat Flour, Water, Yeast, Maize Polenta, Wheat Gluten, Vinegar, Canola Oil, Iodised Salt, Raising Agent (341), Acidity Regulators (263, 262), Soy Flour, Emulsifiers (481, 472e), Preservatives (200, 202), Sugar, Vitamins (Thiamin, Folic Acid) Cheese (40% Monterey Jack (Pasteurized Cultured Milk , Salt, Enzymes), 40% Natural Cheddar Cheese (Pasteurized Cultured Milk , Salt, Enzymes, Annatto Colour), 10% Asadero (Pasteurized Cultured Milk , Salt Enzymes), 10% Queso Quesadilla (Pasteurized Cultured Milk , Salt Enzymes)) Pizza Sauce (Tomatoes (95%), (Tomato Paste, Water), Salt, Garlic (0.85%), Onion, Acid Regulator (Acetic Acid), Oregano, Basil (0.25%), Natural Flavour) Ham (Pork (75%), Water, Thickener (1442), Salt, Potassium Lactate (326), Potassium Acetate (261), Sugar, Dextrose, Mineral Salts (451, 452), Antioxidant (316), Sodium Nitrite (250)) Pineapple
Mouse Traps	Ham (Pork (66%), Water, Modified Tapioca Starch (1412), Tapioca Starch, Rice Flour, Potato Starch, Food Acid (325), Wheat Fibre (Gluten Free), Vegetable Gum (407), Soya Protein Isolate, Salt, Natural Smoke Flavour, Sugar, Dextrose (Tapioca), Food Colours (120, 124), Rosemary Extracts, Mineral Salts (341, 450, 452) Preservative (223)), Egg , Cheese (40% Monterey Jack (Pasteurized Cultured Milk , Salt, Enzymes), 40% Natural Cheddar Cheese (Pasteurized Cultured Milk , Salt, Enzymes, Annatto Colour), 10% Asadero (Pasteurized Cultured Milk , Salt Enzymes), 10% Queso Quesadilla (Pasteurized Cultured Milk , Salt Enzymes)), Bread (Wheat Flour, Water, Yeast, Canola Oil, Sugar, Iodised Salt, Dextrose, Wheat Gluten, Soy Flour, Acidity Regulator (262), Natural Flavour, Emulsifiers (471, 481, Soy Lecithin), Colours (160a, 101), Vitamins (Thimain, Folic Acid)), Mustard (Water, Mustard Seed (25%), Spirit Vinegar, Salt, Antioxidant (224), Acidity Regulator (Citric Acid))
Noodle Rosti, Tomato Sauce	Noodles (Wheat Flour, Vegetable Oil, Salt, Stabilisers (500, 501)), Potato, Carrot, Peas, Wheat Flour, Relish (Tomatoes from paste 50%, sugar, vegetables (onions, capsicum 15%), golden syrup, thickener (modified cornstarch), food acid (acetic and gluconic), salt, water, mustard seed, preservative (potassium sorbate, mustard powder, spices)
Nuggets	Chicken Breast (48%), Water, Wheat Flour, Wheat Gluten, Wheat Starch, Salt, Maize Flour, Dextrose (Tapioca, Maize), Mineral Salts (450, 500, 451), Spice (Turmeric), Soy Meal (Wheat), Soy Protein, Dehydrated Vegetables (Onion, Garlic), Flavour (Chicken Roast Flavour), Yeast Extract, Vegetable Oil (Cottonseed, Canola)
Nuggets	Chicken Breast (48%), Water, Wheat Flour, Wheat Gluten, Wheat Starch, Salt, Maize Flour, Dextrose (Tapioca, Maize), Mineral Salts (450, 500, 451), Spice (Turmeric), Soy Meal (Wheat), Soy Protein, Dehydrated Vegetables (Onion, Garlic), Flavour (Chicken Roast Flavour), Yeast Extract, Vegetable Oil (Cottonseed, Canola)
Orange	Orange
Pancake Muffins with Maple and Cinnamon	Wheat Flour, Sugar, Wheat Starch, Butter Milk Powder (3%), Fractionated Palm Oil, Raising Agents (450, 500), Anticaking Agent (341), Salt. Maple- (Sugar Syrup, Water, Sugar, Salt, Vegetable Gum (466), Colours (150c, 150d), Preservative (202), Natural Maple Flavour, Food Acid (330)), Cinnamon
Peaches	Peaches (57%), Reconstituted Refined Juice (Water, Concentrated Pear Juice, Antioxidant (Ascorbic Acid), Acidity Regulator (Citric Acid))
Pikelets	Wheat Flour, Sugar, Wheat Starch, Butter Milk Powder (3%), Fractionated Palm Oil, Raising Agents (450, 500), Anticaking Agent (341), Salt

Item	Ingredients
Pizza bites	Base (Wheat Flour, Water, Yeast, Canola Oil, Sugar, Iodised Salt, Dextrose, Wheat Gluten, Soy Flour, Acidity Regulator (262), Natural Flavour, Emulsifiers (471, 481, Soy Lecithin), Colours (160a, 101), Vitamins (Thimain, Folic Acid)), Cheese (40% Monterey Jack (Pasteurized Cultured Milk , Salt, Enzymes), 40% Natural Cheddar Cheese (Pasteurized Cultured Milk , Salt, Enzymes, Annatto Colour), 10% Asadero (Pasteurized Cultured Milk , Salt Enzymes), 10% Queso Quesadilla (Pasteurized Cultured Milk , Salt Enzymes)), Sauce (Tomatoes (73%) (reconstituted), tomato paste (16%), onion, sugar, salt, garlic (0.5%), herbs (basil, fennel, oregano, bay leaf), black pepper, food acid (citric))
Pizza Pockets	Flour [Wheat , Raising Agents (450, 500), Vitamins (Thiamine, Folic Acid)], Water, Salt, Yeast, Meat (Including Pork) (96%), Cure [Salt, Spices, Lactose (From Milk), Maltodextrin, Dextrose, Minerals Salts (450, 451), Antioxidant (316), Dried Vegetables, Sugar, Sodium Nitrite (250)], Starter Culture. Naturally Wood Smoked, Cheese (40% Monterey Jack (Pasteurized Cultured Milk , Salt, Enzymes), 40% Natural Cheddar Cheese (Pasteurized Cultured Milk , Salt, Enzymes, Annatto Colour), 10% Asadero (Pasteurized Cultured Milk , Salt Enzymes), 10% Queso Quesadilla (Pasteurized Cultured Milk , Salt Enzymes)), Pizza Sauce (Tomatoes (95%), (Tomato Paste, Water), Salt, Garlic (0.85%), Onion, Acid Regulator (Acetic Acid), Oregano, Basil (0.25%), Natural Flavour)
Popcorn	Popcorn, Salt
Popcorn Chicken	Chicken (51%), Cottonseed Oil, Tapioca Starch, Soya Protein Isolate, Yeast, Wheat Flour, Sugar, Salt, Water, Natural Colours (Curcumin, Annatto), Mineral Salts (450, 451, 500), Maize Flour, Wheat Gluten, Dried Egg , Thickener (1404), Vegetable Gums (Guar Gum, Xanthan Gum)
Potato Gems	Potato (90%), canola oil, corn starch, dextrose, salt
Potato salad	Potato, Water, Sunflower Oil (contains Antioxidant (320)), Sugar, Vinegar, Salt, Butter Milk Powder (contains Milk), Thickener (1442) (from Maize), Garlic, Egg Yolk Powder, Lemon Juice Concentrate, Onion, Food Acid (Citric Acid), Vegetable Gum (Xanthan Gum), Mustard, Parsley, Preservative (200)
Pretzels	Wheat Flour (Wheat Starch, Niacin, Iron, Thiamin, Riboflavin, Folate), Salt, Corn Syrup, Sodium Bicarbonate Yeast.
Pulled pork sub	Roll (Wheat Flour, Water, Yeast, Canola Oil, Sugar, Iodised Salt, Dextrose, Wheat Gluten, Soy Flour, Acidity Regulator (262), Natural Flavour, Emulsifiers (471, 481, Soy Lecithin), Colours (160a, 101), Vitamins (Thimain, Folic Acid)) Pork (Pork, Water, Acidity Regulators (326, 325, 262), Salt, Maltodextrin (Maize), Vegetable Gum (407), Mineral Salts (451, 450), Natural Flavour, Sugar, Dried Vegetables (Including Garlic and Onion), Spice Extract, Dextrose (Maize)) Sauce (Tomato puree 48% (water tomato paste), sugar, vinegar, thickener (1422), salt, maltodextrin, molasses, colour (150c), spices, food acid (330), vegetable gum (415), flavours)

Item	Ingredients
Quesadilla Fingers and Salsa	Wheat Flour (56%) (Wheat Flour, Thiamin, Folate), Water, Palm Shortening (Palm Oil, Antioxidant (Vitamin E Acetate)), Wheat Fibre, Wheat Gluten, Sugar, Iodised Salt, Vegetable Gum (412), Mineral Salt (450), Emulsifier (471), Acidity Regulator (297). Preservative (282, 200), Antioxidant (300), Cheese (Cheese (pasteurised Milk , cheese cultures), salt, enzymes, Cream , water, food acids 330 331, lecithin (soy), food colour 160A, B, C E), Salsa (Tomato (51%), Capsicum (17%), Water, Onion, Tomato Paste, Vinegar, Sugar, Maize Starch, Spices (Paprika, Cumin, Coriander, Chilli), Salt, Jalapeno Pepper (1%), Garlic Powder)
Ravioli and Pizza Dip	Durum Wheat Semolina, Beef (16%), Water, Breadcrumbs (Wheat Flour, Sugar, Salt, Yeast, Wheat Gluten, Canola Oil), Egg , Carrot (2%), Onion (2%), Canola Oil, Salt, Flavours (contain Milk), Parmesan Cheese, Celery (0.5%), Wheat Fibre, Black Pepper (0.06%), Nutmeg, Pizza Sauce (Tomatoes (95%), (Tomato Paste, Water), Salt, Garlic (0.85%), Onion, Acid Regulator (Acetic Acid), Oregano, Basil (0.25%), Natural Flavour)
Rice Bubble Slice	Puffed Rice(36%) (Rice, Sugar, Salt, Golden Syrup, Emulsifier (471)), Glucose Syrup, Polydextrose, Sugar, Natural Sprinkles (5%) (Sugar, Maize Starch, Vegetable Fat, Glucose Syrup, Emulsifier (322 from Soy), Natural Colours (Turmeric, Beet Red, Paprika Oleoresin, Copper Chlorophyll), Gardenia, Spirulina), Vegetable Shortening [Vegetable Fats and Oils (Palm**), Emulsifier (471), Antioxidant (307b)], Humectant (422), Maltodextrin, Gelatine, Inulin, Natural Flavours, Invert Syrup, Emulsifier (Sunflower Lecithin), Salt.
Rice crackers	Rice (93%), Maltodextrin (from Corn), Sunflower Oil (Antioxidant (319)), Salt
Rockmelon	Rockmelon
Salami and Cheese Roll	Bun (Flour [Wheat Flour, Thiamine, Folic Acid], Butter, Water, Egg , Sugar, Yeast, Wheat Gluten, Milk Powder, Salt, Improver [Emulsifier (472 e), Anti-caking agent (170), Antioxidant (300)], Enzyme, Glaze [Vegetable protein, Vegetable oil, Dextrose, Maltodextrins, starch]), Salami (Meat (Including Pork) (96%), Cure [Salt, Spices, Lactose (From Milk), Maltodextrin, Dextrose, Minerals Salts (450, 451), Antioxidant (316), Dried Vegetables, Sugar, Sodium Nitrite (250)], Starter Culture. Naturally Wood Smoked), Cheese (Cheese (pasteurised Milk , cheese cultures), salt, enzymes, Cream , water, food acids 330 331, lecithin (soy), food colour 160A, B, C E)
Sandwich- vegemite and cheese	Vegemite (Yeast Extract (from Yeast Grown on Barley and Wheat), Salt, Mineral Salt (508), Malt Extract (from Barley), Colour (150c), Flavours, Niacin, Thiamine, Riboflavin, Folate), Cheese (Cheese (pasteurised Milk , cheese cultures), salt, enzymes, Cream , water, food acids 330 331, lecithin (soy), food colour 160A, B, C E) Bread (Wheat Flour, Water, Baker's Yeast, Vinegar, Iodised Salt, Canola Oil, Soy Flour, Emulsifiers (481, 472e, 471), Vitamins (Thiamin, Folate)) Margarine (Vegetable Oil (including Canola Oil 41%), Water, Salt, Emulsifiers (471, Soy Lecithin), Preservative (202), Citric Acid, Vitamins A & D, Natural Colour (beta-carotene), Natural Flavour)
Sweet n Sour Chicken Slider	Bun- (Flour [Wheat Flour, Thiamine, Folic Acid], Butter, Water, Egg , Sugar, Yeast, Wheat Gluten, Milk Powder, Salt, Improver [Emulsifier (472 e), Anti-caking agent (170), Antioxidant (300)], Enzyme, Glaze [Vegetable protein, Vegetable oil, Dextrose, Maltodextrins, starch]), Sauce- Water, sugar, vegetables (10%) [carrot (6%), capsicum (2%), onion (2%)], vinegar, pineapple juice (8.5%) (from concentrate), thickener (1422), salt, sherry, tomato paste, food acid (acetic), colours (160c, 120), Chicken

Item	Ingredients
Sausage and Potato Gems	Sausages (Australian Beef (70%), Water, Seasoning (Rice Flour, Potato Starch, Maize Flour, Salt, Mineral Salt (451), Maize Starch, Vegetable Powders (Onion, Garlic), Preservative (223), Sugar, Antioxidant (300), Spices (Mustard, Nutmeg, Pepper), Spice Extracts (Clove, Pepper, Capsicum, Coriander), Natural Colour (Paprika Oleoresins)), Vegetable Casing (Vegetable Gums (401, 412), Acidity Regulators (330, 270), Mineral Salt (509)), Gems (Potato (90%), canola oil, corn starch, dextrose, salt)
Sausage rolls	Wheat Flour, Water, Beef (16%), Margarine (Animal Fat, Palm Oil, Water, Salt, Emulsifiers (471, Soy Lecithin), Acidity Regulators (331, 330), Antioxidant (307b (Soy)), Natural Colour (160a), Natural Flavours), Crumb (Wheat Flour, Salt, Sugar, Yeast, Emulsifier (471), Gluten (Wheat)), Rice Flour, Soy Flour, Gluten (Wheat), Mineral Salts (339, 508, 451), Salt, Pepper, Glaze (Milk Solids, Natural Colour (160a)), Dehydrated Onion, Hydrolysed Vegetable Protein, Thyme, Onion, Flavours, Spice and Herb Extracts
Sausage Sandwich, Tomato Sauce	Roll (Wheat Flour, Water, Yeast, Canola Oil, Sugar, Iodised Salt, Dextrose, Wheat Gluten, Soy Flour, Acidity Regulator (262), Natural Flavour, Emulsifiers (471, 481, Soy Lecithin), Colours (160a, 101), Vitamins (Thimain, Folic Acid)), Sausages (Australian Beef (70%), Water, Seasoning (Rice Flour, Potato Starch, Maize Flour, Salt, Mineral Salt (451), Maize Starch, Vegetable Powders (Onion, Garlic), Preservative (223), Sugar, Antioxidant (300), Spices (Mustard, Nutmeg, Pepper), Spice Extracts (Clove, Pepper, Capsicum, Coriander), Natural Colour (Paprika Oleoresins)), Vegetable Casing (Vegetable Gums (401, 412), Acidity Regulators (330, 270), Mineral Salt (509)), Tomato Sauce (Tomato Puree (78%), Sugar, Salt, Food Acid (260), Natural Flavour)
Sausage with veggie rounds	Sausages (Australian Beef (70%), Water, Seasoning (Rice Flour, Potato Starch, Maize Flour, Salt, Mineral Salt (451), Maize Starch, Vegetable Powders (Onion, Garlic), Preservative (223), Sugar, Antioxidant (300), Spices (Mustard, Nutmeg, Pepper), Spice Extracts (Clove, Pepper, Capsicum, Coriander), Natural Colour (Paprika Oleoresins)), Vegetable Casing (Vegetable Gums (401, 412), Acidity Regulators (330, 270), Mineral Salt (509)), Tomato, cucumber, carrot, capsicum, celery
Sausage, cheese cubes and cucumber rounds	Sausages (Australian Beef (70%), Water, Seasoning (Rice Flour, Potato Starch, Maize Flour, Salt, Mineral Salt (451), Maize Starch, Vegetable Powders (Onion, Garlic), Preservative (223), Sugar, Antioxidant (300), Spices (Mustard, Nutmeg, Pepper), Spice Extracts (Clove, Pepper, Capsicum, Coriander), Natural Colour (Paprika Oleoresins)), Vegetable Casing (Vegetable Gums (401, 412), Acidity Regulators (330, 270), Mineral Salt (509)), Tasty Cheese (Pasteurised Milk , Salt, Starter Culture, Non-Animal Rennet), Anti Caking Agent (Cellulose), Preservative (Sorbic Acid), Cucumber
Sausages and Potato Bites	Sausages (Australian Beef (70%), Water, Seasoning (Rice Flour, Potato Starch, Maize Flour, Salt, Mineral Salt (451), Maize Starch, Vegetable Powders (Onion, Garlic), Preservative (223), Sugar, Antioxidant (300), Spices (Mustard, Nutmeg, Pepper), Spice Extracts (Clove, Pepper, Capsicum, Coriander), Natural Colour (Paprika Oleoresins)), Vegetable Casing (Vegetable Gums (401, 412), Acidity Regulators (330, 270), Mineral Salt (509)), Potato

Item	Ingredients
Schnitzel Sub	Wheat Flour, Water, Yeast, Canola Oil, Sugar, Iodised Salt, Dextrose, Wheat Gluten, Soy Flour, Acidity Regulator (262), Natural Flavour, Emulsifiers (471, 481, Soy Lecithin), Colours (160a, 101), Vitamins (Thimain, Folic Acid) Chicken ((41%), Coating (Wheat Flour, Water, Vegetable Oil, Sugar, Salt, Buck Wheat Flour (contains Wheat Gluten, Soy), Wheat Gluten, Dextrose (Maize, Tapioca), Vegetable Powders (Onion, Garlic), Yeast, Natural Colours (Paprika Oleoresins, Caramel I)), Water, Soy Protein, Thickeners (407a, 415), Natural Flavours, Salt, Maltodextrin, Mineral Salts (451, 508, 450), Hydrolysed Vegetable Protein, Food Acid (270))Sauce (Water, Tomato Paste (contains Food Acid (330)), Sugar, Vinegar, Salt, Thickener (1422), Vegetable Gum (415), Spices)
Schnitzel, veggies, bread and dip	Chicken (41%), Coating (Wheat Flour, Water, Vegetable Oil, Sugar, Salt, Buck Wheat Flour (contains Wheat Gluten, Soy), Wheat Gluten, Dextrose (Maize, Tapioca), Vegetable Powders (Onion, Garlic), Yeast, Natural Colours (Paprika Oleoresins, Caramel I)), Water, Soy Protein, Thickeners (407a, 415), Natural Flavours, Salt, Maltodextrin, Mineral Salts (451, 508, 450), Hydrolysed Vegetable Protein, Food Acid (270), Carrot, Cucumber, Celery, Bread (Wheat Flour (56%) (Wheat Flour, Thiamin, Folate), Water, Palm Shortening (Palm Oil, Antioxidant (Vitamin E Acetate)), Wheat Fibre, Wheat Gluten, Sugar, Iodised Salt, Vegetable Gum (412), Mineral Salt (450), Emulsifier (471), Acidity Regulator (297). Preservative (282, 200), Antioxidant (300))
Scotch Finger	Wheat Flour, Vegetable Oil (Palm Oil, Antioxidant (307b)), Sugar, Wheat Starch, Sweetened Condensed Milk , Invert Syrup, Natural Butter Flavour (contains Milk), Salt, Whole Egg Powder, Raising Agents (500, 450, 503)
Slider- Beef	Bun- (Flour [Wheat Flour, Thiamine, Folic Acid], Butter, Water, Egg , Sugar, Yeast, Wheat Gluten, Milk Powder, Salt, Improver [Emulsifier (472 e), Anti-caking agent (170), Antioxidant (300)], Enzyme, Glaze [Vegetable protein, Vegetable oil, Dextrose, Maltodextrins, starch]) Patty, Beef (76%), Onions, Breadcrumb (Wheat flour, water, yeast, sugar, gluten, vegetable oil, salt, emulsifier (472e), acidity regulator (262), Textured Soy Protein, Egg , Salt, Whey Protein Concentrate (Milk protein), Modified Food Starch (1442), Spices, Beef Extract, Hydrolysed Maize Protein, Mineral Salt (451), Cheese (Cheese (pasteurised Milk , cheese cultures), salt, enzymes, Cream , water, food acids 330 331, lecithin (soy), food colour 160A, B, C E), Sauce (Concentrated Tomato (77%), Sugar, Salt, Food Acid (260), Natural Flavour)
Slider- Vegetarian	Bun- (Flour [Wheat Flour, Thiamine, Folic Acid], Butter, Water, Egg , Sugar, Yeast, Wheat Gluten, Milk Powder, Salt, Improver [Emulsifier (472 e), Anti-caking agent (170), Antioxidant (300)], Enzyme, Glaze [Vegetable protein, Vegetable oil, Dextrose, Maltodextrins, starch]), Cheese (Cheese (pasteurised Milk , cheese cultures), salt, enzymes, Cream , water, food acids 330 331, lecithin (soy), food colour 160A, B, C E), Sauce (Concentrated Tomato (77%), Sugar, Salt, Food Acid (260), Natural Flavour), Patty (Corn (38%), Creamed Corn (18%) [Sweetcorn, Water, Thickener (1412), Salt], Wheat Flour (Thiamin, Folic Acid), Rice Flour, Tasty Cheese (6%) [Milk , Salt, Starter Culture, Enzyme, Vegetarian Rennet, Anti-caking Agent (460)], Butter [Cream , Water], Egg , Parmesan Cheese (3 %) [Milk , Salt, Cultures, Enzyme]), Milk Powder, Baking Powder [Corn Starch, Raising Agents (500, 541, 341)], Parsley, Red Capsicum, Lemon Juice [Reconstituted Lemon Juice, Antioxidant (300), Preservative (223)], Salt, Sugar, Black Pepper, Chilli Flakes, Canola Oil)

Item	Ingredients
Soya crisps	Wheat Starch, Sunflower Oil, Soya Bean Solids (18%), Sugar, Barbecue Flavour (Maltodextrin, Vegetable Powders (Onion, Tomato) (20%), Salt, Sugar, Yeast Extracts, Milk Solids, Spices, Flavours, Vegetable Oil, Spice Extract (Paprika), Anti-Caking Agent (341, 551), Acidity Regulator (330)), Sea Salt, Onion Powder, Malt Extract (from Barley), Soya Sauce Powder (contains Soya Bean, Wheat Flour), Garlic Powder, Chives.
Spaghetti and Cheesy Dip-Its	Spaghetti (Pasta (40%) (Durum Wheat Semolina, Water), Tomato (39%) (Water, Tomato Paste (7%)), Water, Sugar, Thickener (1422), Salt, Natural Flavouring, Acidity Regulator (330)), Dip-Its-Bread(Wheat Flour, Water, Yeast, Canola Oil, Sugar, Iodised Salt, Dextrose, Wheat Gluten, Soy Flour, Acidity Regulator (262), Natural Flavour, Emulsifiers (471, 481, Soy Lecithin), Colours (160a, 101), Vitamins (Thimain, Folic Acid)), Cheese (40% Monterey Jack (Pasteurized Cultured Milk , Salt, Enzymes), 40% Natural Cheddar Cheese (Pasteurized Cultured Milk , Salt, Enzymes, Annatto Colour), 10% Asadero (Pasteurized Cultured Milk , Salt Enzymes), 10% Queso Quesadilla (Pasteurized Cultured Milk , Salt Enzymes))
Spinach and Cheese Triangles	Fillo pastry (36%) [Wheat flour (Wheat flour, thiamine and folic acid), water, Wheaten cornflour, salt, canola oil, preservative (202), anticaking agent (341)], ricotta cheese (30%) [cheese whey (Milk , non-animal rennet, starter culture), Milk , salt, food acid (260, 276)], feta cheese (13%) [Milk , salt, non-animal rennet and cultures], frozen spinach (9%), vegetable shortening [vegetable fats and oils, antioxidants (320, 310), colour (160a), flavour], Wheaten cornflour, canola oil, dried onion, pepper.
Sprinkle cookies	Wheat Flour, Pink Icing (23%) [Sugar, Vegetable Fat (Palm Fat**, Emulsifiers (492, Soy Lecithin)), Milk Solids, Emulsifier (Soy Lecithin), Natural Flavour, Natural Colour(Betanin)], Vegetable Fat [Palm Fat**, Antioxidant (307bSoy)], Sugar, 100's & 1000's (9%) [Sugar, Maize Starch, Maltodextrin, Thickener (1422), Natural Colours (Spirulina Extract, Curcumin, Betanin)], Inverted Sugar Syrup, Raising Agents (500, 450),Whey Powder, Salt, Emulsifier (Soy Lecithin), Natural Flavours, Natural Colour (Carotene)
Strawberries	Strawberries
Strawberry Rice Pudding	Rice, Milk , Skim Milk , Sugar, Salt, Acidity Regulator (339), Natural Vanilla Flavour, Strawberry Topping (Water, Sugar, Strawberries, Maize Thickener (1442), Food Acid (296), Strawberry Flavour, Vegetable Gum (415, Contains Traces of Soy), Preservatives (202, 223), Colours (124, 122))
Sultanas	Sultanas (99%), Cottonseed Oil (1%)
Tartare Sauce	Water, Sunflower Oil (contains Antioxidant (320)), Gherkin, Sugar, Vinegar, Capers, Salt, Onions, Egg , Thickeners (1422, 1403), Food Acid (260), Mustard, Milk Solids, Vegetable Gum (415), Spice Extracts, Flavour, Preservative (202), Mineral Salt (341).
Teriyaki Fried Rice	Long Grain Rice, peas, corn, carrot), water, sugar, salt, Sauce ((Brewed – Water, Soybeans, Wheat and Salt), Water, Sugar, Alcohol, Flavour Enhancer (621), Acidity Regulator (270), Salt, Spices Extract, Flavour Enhancer (635))
Tiny Teddys	Wheat Flour, Sugar, Vegetable Oil (Contains Soy), Milk Solids, Cocoa Butter, Butter (Contains Milk), Vegetable Fibre, Cocoa Mass, Honey, Salt, Golden Syrup, Emulsifiers (Soy Lecithin, E476), Baking Powder, Flavour.

Item	Ingredients
Tomato and cheese sandwich	Tomato, Cheese (Cheese (pasteurised Milk , cheese cultures), salt, enzymes, Cream , water, food acids 330 331, lecithin (soy), food colour 160A, B, C E) Bread (Wheat Flour, Water, Baker's Yeast, Vinegar, Iodised Salt, Canola Oil, Soy Flour, Emulsifiers (481, 472e, 471), Vitamins (Thiamin, Folate)) Margarine (Vegetable Oil (including Canola Oil 41%), Water, Salt, Emulsifiers (471, Soy Lecithin), Preservative (202), Citric Acid, Vitamins A & D, Natural Colour (beta-carotene), Natural Flavour)
Tomato Pasta	Durum Wheat Semolina, Wheat Flour, Tomatoes (73%) (reconstituted), tomato paste (16%), onion, sugar, salt, garlic (0.5%), herbs (basil, fennel, oregano, bay leaf), black pepper, food acid (citric)
Tomato Sauce	Water, Tomato Paste (contains Food Acid (330)), Sugar, Vinegar, Salt, Thickener (1422), Vegetable Gum (415), Spices
Tortellini Skewers and pizza dip	Pasta (60%), Wheat Flour, Water, Pasteurised Egg , Gluten Powder, Filling; (40%), Beef, Textured Vegetable Protein; (Soy), Water, Onion, Carrot, Breadcrumbs; (Wheat) Parmesan Cheese; (Milk), Beef Seasoning; (Salt, Sugar, Rice Flour, Burnt Sugar, Hydrolysed Vegetable Proteins (Maize), Yeast extract, Beef flavour, Tomato powder, Canola Oil, Spice Extracts, Ground Spices, Activated Charcoal), Garlic Powder, Salt, White Pepper, Black Pepper, Nutmeg, Pizza Sauce (Tomatoes (95%), (Tomato Paste, Water), Salt, Garlic (0.85%), Onion, Acid Regulator (Acetic Acid), Oregano, Basil (0.25%), Natural Flavour)
Tortellini Skewers and pizza dip- Vegetarian	Durum Wheat Flour, Water, Egg , Gluten powder, Spinach powder , Colour; (102,133) , Maize starch , Breadcrumbs; (Wheat , Salt, Yeast, Water), Ricotta Cheese; ((Milk), Salt, Acetic Acid), Parmesan Cheese :(Milk), Milk Powder, Seasoning; (Salt, Maize, Yeast, Sugar, Rice flour, Onion, Garlic, Canola oil, Black pepper), Pizza Sauce (Tomatoes (95%), (Tomato Paste, Water), Salt, Garlic (0.85%), Onion, Acid Regulator (Acetic Acid), Oregano, Basil (0.25%), Natural Flavour)
Twiggy sticks	Meat (95%), Salt, Starch (Tapioca), Spice & Spice Extracts, Dextrose, Antioxidant (316), Mineral Salt (451), Sodium Nitrate (250)
Twisties	Cereals (Corn, Rice), Canola Oil, Whey Powder (Milk), Maltodextrin, Cheese Powder (Barley, Milk), Salt, Flavour Enhancer (621), Hydrolysed Vegetable Protein, Yeast Extract, Mineral Salt (Potassium Chloride), Flavours, Natural Colours (Paprika Extract), Food Acid (Lactic Acid).
Veg Tortellini and Pizza Dip	Pasta (60%), Wheat Flour, Water, Pasteurised Egg , Gluten Powder, Filling; (40%), Beef, Textured Vegetable Protein; (Soy), Water, Onion, Carrot, Breadcrumbs; (Wheat) Parmesan Cheese; (Milk), Beef Seasoning; (Salt, Sugar, Rice Flour, Burnt Sugar, Hydrolysed Vegetable Proteins (Maize), Yeast extract, Beef flavour, Tomato powder, Canola Oil, Spice Extracts, Ground Spices, Activated Charcoal), Garlic Powder, Salt, White Pepper, Black Pepper, Nutmeg, Pizza Sauce (Tomatoes (95%), (Tomato Paste, Water), Salt, Garlic (0.85%), Onion, Acid Regulator (Acetic Acid), Oregano, Basil (0.25%), Natural Flavour)
Veggie rounds	Tomato, cucumber, carrot, capsicum, celery
Veggie Sticks	Tomato, cucumber, carrot, capsicum, celery

Item	Ingredients
Wafer Fingers	Wheat Flour, Vegetable Oil (Palm, Emulsifier (471), Antioxidant (307b)), Sugar, Lactose (from Milk), Maltodextrin (Preservative (220)), Dextrose Monohydrate, Tapioca Starch (Preservative (220)), Emulsifier (322 from Soy), Natural Vanilla Flavour, Salt, Natural Milk Flavour, Raising Agent (500, 450)
Watermelon	Watermelon
Yogurt	Skim Milk , Water, Milk Solids, Polydextrose, Thickeners (Modified Starch, Locust Bean Gum), Gelatine, Natural Flavours, Sweeteners (Acesulfame Potassium, Sucralose), Acidity Regulators (Citric Acid, Sodium Citrate), Yoghurt Cultures: S. Thermophilus & L. Bulgaricus
Yogurt and Fruit	Fruits (59%) (Pears, Peaches), Water, Sugar, Acidity Regulator (Citric Acid), Antioxidant (Ascorbic Acid) Yogurt (Skim Milk , Water, Milk Solids, Polydextrose, Thickeners (Modified Starch, Locust Bean Gum), Gelatine, Natural Flavours, Sweeteners (Acesulfame Potassium, Sucralose), Acidity Regulators (Citric Acid, Sodium Citrate), Yoghurt Cultures: S. Thermophilus & L. Bulgaricus)
Yogurt muesli bar	Whole Grain Cereals (47%) (Whole Grain Oats, Whole Grain Wheat), Glucose Syrup (Wheat), Yoghurt Compound (12%) (Sugar, Vegetable Fat (Fully Hydrogenated Palm), Whey Powder, Yoghurt Powder, Emulsifier (Sunflower Lecithin), Acidity Regulator (Citric Acid)), Invert Syrup, Rice Flakes, Sunflower Oil, Oat Fibre, Raw Sugar, Strawberry (0.8%) (Concentrated Apple Puree, Concentrated Strawberry Puree (10%), Invert Sugar, Sugar, Humectant (Glycerin), Wheat Fibre, Gelling Agent (Pectin), Natural Flavour, Carrot Concentrate, Blackcurrant Concentrate, Acidity Regulator (Citric Acid)), Natural Flavours (Strawberry, Roasted Coconut), Humectant (Glycerin), This product contains 47% Whole Grains
Zucchini Pie Wedges	Zucchini, Sweet Potato, Wheat Flour, Eggs , Canola Oil, Cheese (40% Monterey Jack (Pasteurized Cultured Milk , Salt, Enzymes), 40% Natural Cheddar Cheese (Pasteurized Cultured Milk , Salt, Enzymes, Annatto Colour), 10% Asadero (Pasteurized Cultured Milk , Salt Enzymes), 10% Queso Quesadilla (Pasteurized Cultured Milk , Salt Enzymes))